Figure 2: Intrusion Plate (I-Plate) design. The I-Plate has been designed for intruding maxillary posterior teeth (A). This design can be used in combination with buccal TADs, depending on the type of the patient’s problem (B, intrusion forces shown as blue arrows). I-Plates can be connected to posterior teeth through power chain or elastic tread for simultaneous intrusion of several posterior teeth (intrusion forces as black arrows in C).